



Week 7 of 8

TYLER PERRY FORGIVENESS VIDEO // FORGIVENESS CARDS // THE COMMITMENT Why Forgiveness?

Forgiveness is:

Who are you, and why should we pay attention to you?
Psychologically speaking, what is forgiveness and what are the benefits?
I read in your article on forgiveness about the relationship between the ability to forgive and the ability to trust going back to our infancy, what's up with that?

Describe the justice gap.

Finally, are there any good studies on the methods of forgiveness (REACH)?

Actually Doing It (Pastor Reggie)

Be kind to one another, tender-hearted, forgiving each other, just as God in Christ also has forgiven you.

Ephesians 4:32

DO I NEED TO FORGIVE?

- Is there a person whose name or image causes a sick feeling in your stomach?
- 2. When you look at your life, do you see nothing but failure, disappointment, and in general a wasted life?
- Do you avoid places, music, and surroundings in general that draw your heart mind and emotion into the abvss?

RELEASE IT TO GOD!

- O If it's a person, **make contact** with them.
- O If the person can't be contacted or is deceased:
 - **Express** your repentance to God
 - Write a **letter** describing what you would have said.
 - Release it to God.
- Your greatest hangup might be that you've never
 "forgiven" God.
- O Sometimes your inability to forgive others is because you've **never forgiven** yourself.

Take it Home (Pastor Jeff)

Matthew 18:21-35 (p. 683)

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REALIZE THE CHALLENGE

My forgiveness and God's forgiveness are

intertwined.

GRASP THE SECRET

God **m o v e d** first.

WALK THE SOLUTION

CONFLICT & WRONG // JUSTICE GAP // MEANS A DEATH // EITHER YOU OR I // FORGIVENESS, IT'S I

For the wages of sin is death, but the gift of God is eternal life in Christ Jesus our Lord.

Romans 6:23

For Christ died for sins once for all, the righteous for the unrighteous, to bring you to God. He was put to death in the body but made alive by the Spirit...

1 Peter 3:18

Join **y o u r s e l f** to Jesus' **d e a t h**.

AND LET THAT PIECE OF YOU DIE • GOD CAN RAISE IT UP AGAIN!

Whoever finds his life will lose it, and whoever loses his life for my sake will find it.

Matthew 10:39